



# **Future Perspectives for ERAS-UK & collaboration with ERAS Society**

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# ERAS-UK mission statement

“To improve patient recovery by promoting knowledge, understanding and research regarding patient outcome”

A- Facilitate sharing of knowledge

B- Promote research

# Facilitate sharing of knowledge

- Annual conference
- ERAS-UK website – link to ERAS Society
- Social media

# Annual meeting- future plans

- Various centres invited to submit proposals
- Summaries will be posted on-line
- ERAS UK members to vote on preferred option
- ERAS members to contribute to the programme: contents and the scope

# ERAS UK Website and social media

- Journal club
- Ask the expert section/  
blog
- Web-based discussion  
forum
- Twitter
- LinkedIn
- Facebook
- Blogs

# Promote Research

- Annual research idea competitions
- Annual research forums
- Funding opportunities/ industry links/ NIHR

# Summary of the day

- Stress response and insulin resistance

- Management of pain

Variation in analgesic modalities

Working together

- Workshops

Patient experience: multi-sources- anonymity and resources

Implementation and sustaining: managing variations in

process – human factors and quality improvement methods

to sustain ERAS

# Summary of the day

- Oral abstract presentations
- Frontiers of enhanced recovery
  - Exercise testing
  - Nutrition
  - ERAS for HPB surgery
  - ERAS in emergency surgery
  - ERAS in acute medicine
- International frontiers for ERAS



# Thank you

