



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Abertawe Bro Morgannwg
University Health Board



MORRISTON HOSPITAL DELIVERY UNIT

ERAS – WORK IN PROGRESS...



KATE GRIFFITHS
ABMU HEALTH BOARD

WHERE DO WE START???



FIRST STEPS...



- Identifying a lead – Unit Medical Director
- Gathering heads – The Unit ERAS Steering Board
- A common understanding
- A plan to progress



UNDERSTANDING WHERE WE WERE

- Steering Board directed actions
- Status Report for all Specialties to complete (with help!)
- Identified Clinical Lead (Consultants and Specialist Nurses)
- Forum for local discussion
- Required Interventions for ERAS /
- Access to Therapies:
 - Prehabilitation
 - Pre-op Assessment
 - Intra Operative
 - Post Op
 - Discharge Planning



...Continued

- Specialty's Current ERAS status
- Specialty's aim for ERAS in 12 months
- Requirements to deliver
- Therapy input and review of Specialty submissions

Result:

- Knowledge
- Engagement / Enthusiasm
- Focussing of minds



A WAY FORWARD

- Identify **BIG GAINS** and *quick-wins!*
- Overarching support – ERAS Champion
- Common factors in Status Reports:
 - Therapy support – Physio/Dietetics/OT
 - Data Capture – role in monitoring and motivating



WHERE ARE WE NOW AND WHAT NEXT?

- Phase 1 Implementation Plan – Target 3 areas identified
- Finance Support
- Development of Champion Role
- Links with Informatics – Value of Data
- Phase 1 Implementation Project Group:
 - Developing KPI's
 - Monitoring activity
 - Ensuring Actions are implemented
 - Onward reporting to Steering Board
 - Eventually recommend progression to Phase 2

