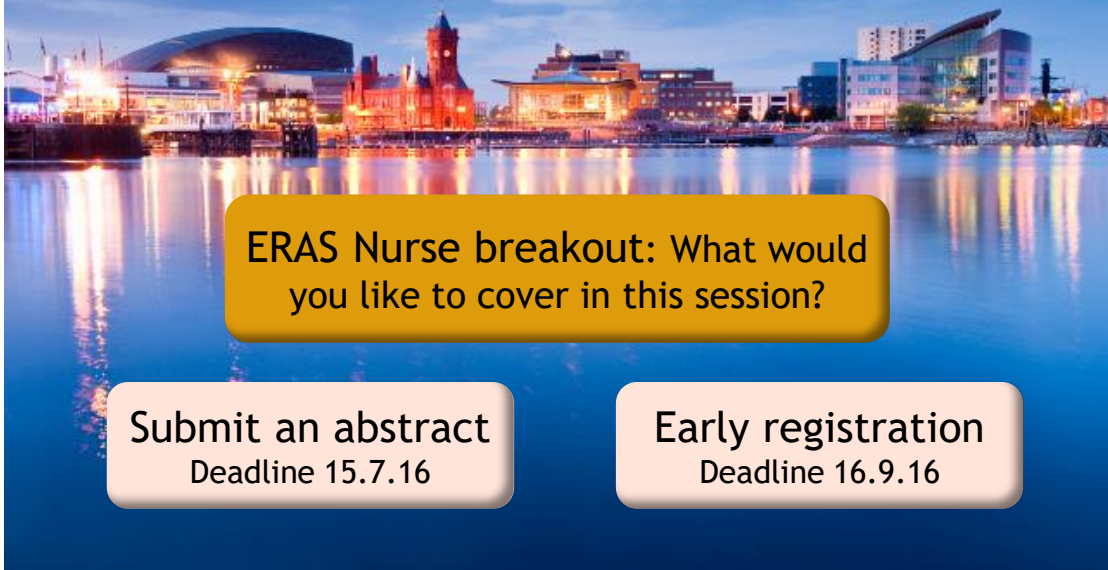


Communications Digest May 2016

Thanks to everyone who has introduced themselves to the group. You can read these short messages on the next page.

This brief digest will be sent to the whole group and we hope that it will become a useful resource for you in the future.

6th Enhanced Recovery after Surgery (UK) Conference 4th November 2016 Cardiff



ERAS Nurse breakout: What would you like to cover in this session?

Submit an abstract
Deadline 15.7.16

Early registration
Deadline 16.9.16

Steering group:

Angie Balfour, ERAS Research Nurse, Western General, Edinburgh
Jennie Burch, ERAS Nurse Facilitator, St Marks Hospital
Imogen Fecher-Jones, Periop. Medicine Project Manager, University Hospitals Southampton
Irene Fitt, ERAS Clinical Lead, Luton & Dunstable Hospital
Rachel Meskell, ERAS Specialist Nurse, Salford Royal Foundation Trust

ASGBI Conference Report

A special session at the recent Surgical Week in Belfast was devoted to Prehabilitation and patient optimisation. Chaired by Prof. Wyn Lewis and Prof. John MacFie, the session featured presentations from Prof Mike Grocott, Dr Sorrel Burden and Dr Rachael Barlow. [More details..](#)

What next? Can you describe a typical patient journey in your own centre and tell us which aspects work well (and which bits are difficult)?

Hi everyone, my name is **Yvette Console** and I am the Perioperative Liaison Nurse at Peter MacCallum Cancer Centre in Melbourne Australia. A big part of my role is the ERAS Nurse Coordinator and I have been in the role for just under 4 years now. We have really seen a great uptake of our ERAS program across the colorectal teams, UGI teams and Hepatobiliary teams as well as our Anaesthetic teams. I am hoping to that through our special interest group it would create great networking as well as an opportunity to share experiences, ideas and information. I am also hoping there will be others from the Southern hemisphere that we could network as sometimes I feel I'm a bit solo down in Australia implementing ERAS.

My name is **Angie Balfour** and I have been involved in the ERAS programme since 2004 initially as a Research Nurse but my role has changed over the years and has morphed into an ERAS Research Nurse amongst other things. I work with Prof Fearon in Edinburgh and we have been working recently with the Scottish Govt. to implement ERAS guidelines in Laparoscopic Colorectal Surgery

Hi All, My name is **Irene Fitt**, I am the Clinical Lead for Enhanced Recovery at the Luton and Dunstable hospital, covering Colorectal, Orthopaedics, Urology and Bariatrics. Being part of the SIG I hope to be involved in early discussions that may influence the way I am working and progressing the service forward. In turn discussing as a group may mean that we in turn can have an influence in how Enhanced Recovery develops in the future.

Jennie Burch - I work in St Marks Hospital as the enhanced recovery nurse facilitator. I think it is important to keep moving forward with ERAS nursing.

Introductions

My Name Is **Margaret Harford**, I am currently the only Enhanced Recovery Nurse @ Royal Wolverhampton Hospitals Trust. I work at Cannock Hospital on the Elective Orthopaedic Unit, previously I was seconded into this role to coordinate a CQUIN for hip and knee elective work back in 2013, my background clinically was trauma and elective Orthopaedics, with now dissolved Mid Staff, along with one other nurse I assisted in colorectal, Breast and Gynae Enhanced Recovery.

Hi All, I am a Senior Sister for Preassessment Services at Hywel Dda University Health Board. We do not have a dedicated ERAS nurse within the Health Board and hence some of the work has been delegated to me. Whilst we do have Colorectal and Orthopaedic ERAS pathways I have been more involved with the Orthopaedic pathway.
Anne Wright SSPS

Dear All, I am a nurse practitioner at Southampton General. I set up the first trust enhanced recovery programme in colorectal in 2008 and since then have led or supported the implementation of 15 other pathways across the Trust in most surgical specialities. I currently manage a team of 8 nurse practitioners who manage the daily running of ERAS in their specialist areas. Next month I start a project manager post to introduce perioperative medicine into surgery for enhanced recovery patients to get them fitter for surgery. Kind regards, **Imogen Fecher-Jones** Lead ANP Surgery.

Dear All, I work at Mid Essex Hospital Trust, Broomfield, Essex. Currently I am a Surgical Site Infection Surveillance CNS. However due to personal interest (and staff shortages!) I help with the ERAS programme for Colorectal surgery. Without having a dedicated ERAS nurse for the trust I am sad to say that we have not really developed this service since it commenced 5 years ago. Kind regards **Suzanne Warburton SSIS Nurse**

Dear All, My name is **Louise Strickland** and I am a registered nurse surgical first assistant. I have recently started my doctorate in musculoskeletal sciences here in Oxford. We are specifically looking at improving recovery for hip and knee total joint replacement patients.

My name is **Rachel Meskell**, I developed our ERAS programme for Colorectal patients in 2008 at Salford Royal Foundation Trust. I continue to work as an ERAS specialist nurse seeing all elective colorectal patients through their hospital journey. I also support my ERAS colleagues in the Trust, we are fortunate to have ERAS nurses for urology, Upper GI, orthopaedics, and recently complex spines.

Dear All, My name is **Maribel Gomez** and I am an Enhanced Recovery Nurse at North Middlesex University Hospital. I cover Colorectal, Gynae and provide support to Orthopaedic and Breast procedures. I am the only ERAS Nurse that covers the 4 areas. Looking forward to seeing different best Practice and improvements