15th ERAS UK Conference **27th November 2026**

Venue: The Studio, 7 Cannon Street, Birmingham, B2 5EP

ERAS: The Next Generation - Draft agenda

Time	Content	Presenter
09:30	Registration and coffee	
10:00	Welcome address: The Next Generation of ERAS: A surgeon's perspective	Prof N Francis
10:30	Session 1: Multidisciplinary discussion panel on current issues for nutrition in ERAS (preop GLP-1 & other weight loss medication, CHO loading)	Chair: TBC Dr Rachael Barlow, Dr Bill Fawcett, Royal Surrey NHS FT, Dr Matthew Harris, Hon Lecturer, Manchester University
11:30	Session 2a: Ken Fearon award ERAS Starts Here: Educating the Next Generation Nutritional Status and Perioperative Dietetic Intervention of Patients Admitted to the Enhanced Perioperative Care Unit (EPOC): A Service Evaluation From Patient to Partner: The Next Generation of ERAS Education Comparison of Left Hemicolectomy with Extended Right Hemicolectomy in Scotland: A national enhanced recovery colorectal initiative (NERCI) study Optimising early mobilisation on post-operative Day 0 following thoracic surgery Digital Hypnosis Around Colorectal Surgery: A Planned Qualitative Feasibility Study	Chair: TBC Chloe Beard, The Christie NHS Foundation Trust Hannah Kraus, University Hospitals Birmingham NHS Foundation Trust Selina Ford, The Christie NHS Foundation Trust Thomas Stubley, NHS Lothian Zak Doronila, Royal Papworth Hospital Ana-Maria Toth, Somerset NHS FT
12:15	Lunch & networking	

Time	Content	Presenter
13:15	Session 2b: Ken Fearon award	Chair:TBC
	Does ERAS Adherence Matter? Association Between Pathway Adherence and Outcomes Following Hip Arthroplasty in Vietnam	Ho Tat Bang, University Medical Centre, Ho Chi Min City
	The use of Artificial Intelligence in Prediction of Risks and Events in Anaesthesiology: A Systematic Review	Ann Rose Biju, Yeovil District Hospital
	Next Generation ERAS: Rethinking Thromboprophylaxis After RALP	Chloe Beard, The Christie NHS Foundation Trust
	If not the patient, then what? Explaining variation in ERAS adherence	Nourah Alotaibi, University of Aberdeen
	Nature Exposure as an Adjunct to Enhanced Recovery After Surgery: A Critical Review Across Surgical Specialties	Frances Hamblin, West of Scotland Deanery
14:00	Afternoon break & voting	
14:30	Session 4: Personalised & data driven ERAS	Chair: TBC
	A national enhanced recovery colorectal initiative (NERCI) database: Contemporary elective right hemicolectomy in Scotland	Nick Ventham, NHS Lothian
	From Data to Delivery: Are We Really Doing It?	Selina Ford, The Christie NHS Foundation Trust
	Beyond the pathway: Co-designing self-management support for personalised recovery	Prof Fiona Jones, City St Georges University London
	Can we screen for recovery? Early Digital Assessment in ERAS	Frances Wensley, University Hospital Southampton
16:00	Award presentation and Close	