

## Results of Pre-conference Survey 2015

Survey opened: 17<sup>th</sup> August 2015

Survey closed: 28<sup>th</sup> September 2015

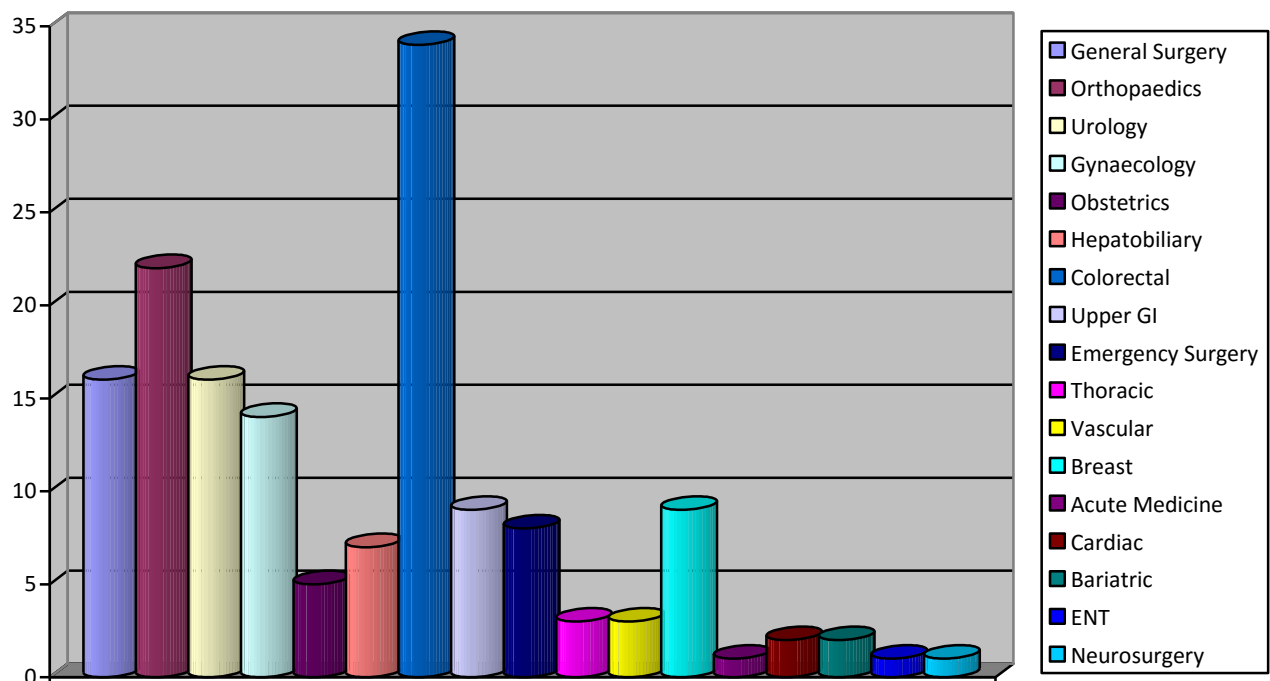
Sent to 500 members of ERAS UK

Total responses 54

### Who took part?

ERAS Nurse (or similar/ related role)	25	Occupational Therapist	1
Sister	1	Surgical Trainee	2
Other management role	5	Anaesthetics Trainee	1
Clinical nurse specialist	4	Consultant Surgeon	7
Pre-assessment nurse	1	Consultant Anaesthetist	4
Pain nurse	1	Physiotherapist	2

### Which specialties do the participants work in?

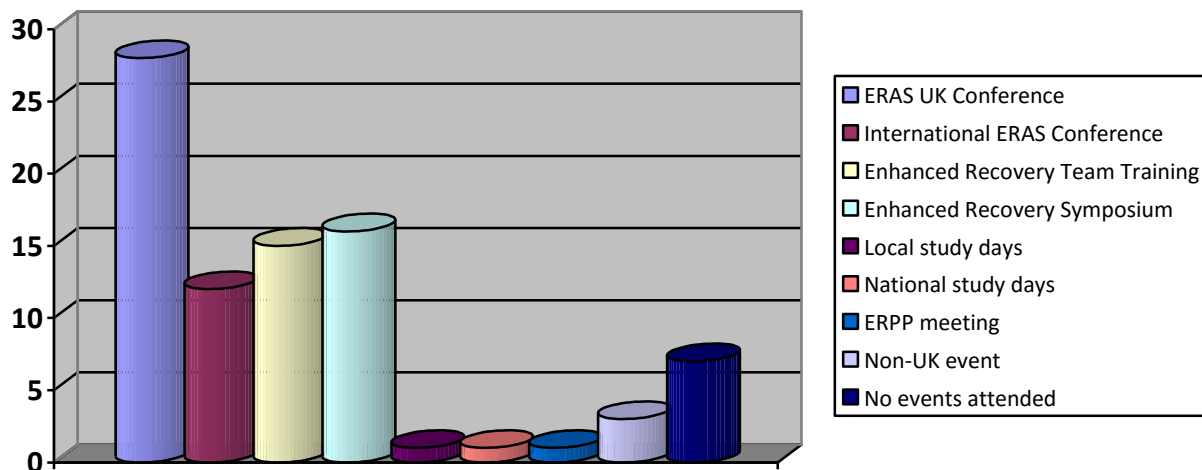


## What should be the research priorities for ERAS UK?

1. Short, Mid and Long term patient outcomes
2. Implementation of guidelines and protocols for each specialty
3. Optimal postoperative analgesia
4. Postoperative ileus
5. Fluid therapy within ERAS (including for high risk surgery)
6. Patient experience/ satisfaction
7. Prehabilitation
8. Compliance & minimising variability
9. Data recording and sharing
10. ERAS in emergency surgery (including abdominal surgery)
11. ER for elderly care
12. Patient education/ expectations

Interactive voting was utilised during the conference to allow further voting on these research topics. The outcomes of this voting will be reported in a separate document.

## Have you attended any previous conferences, courses or meetings about ERAS?

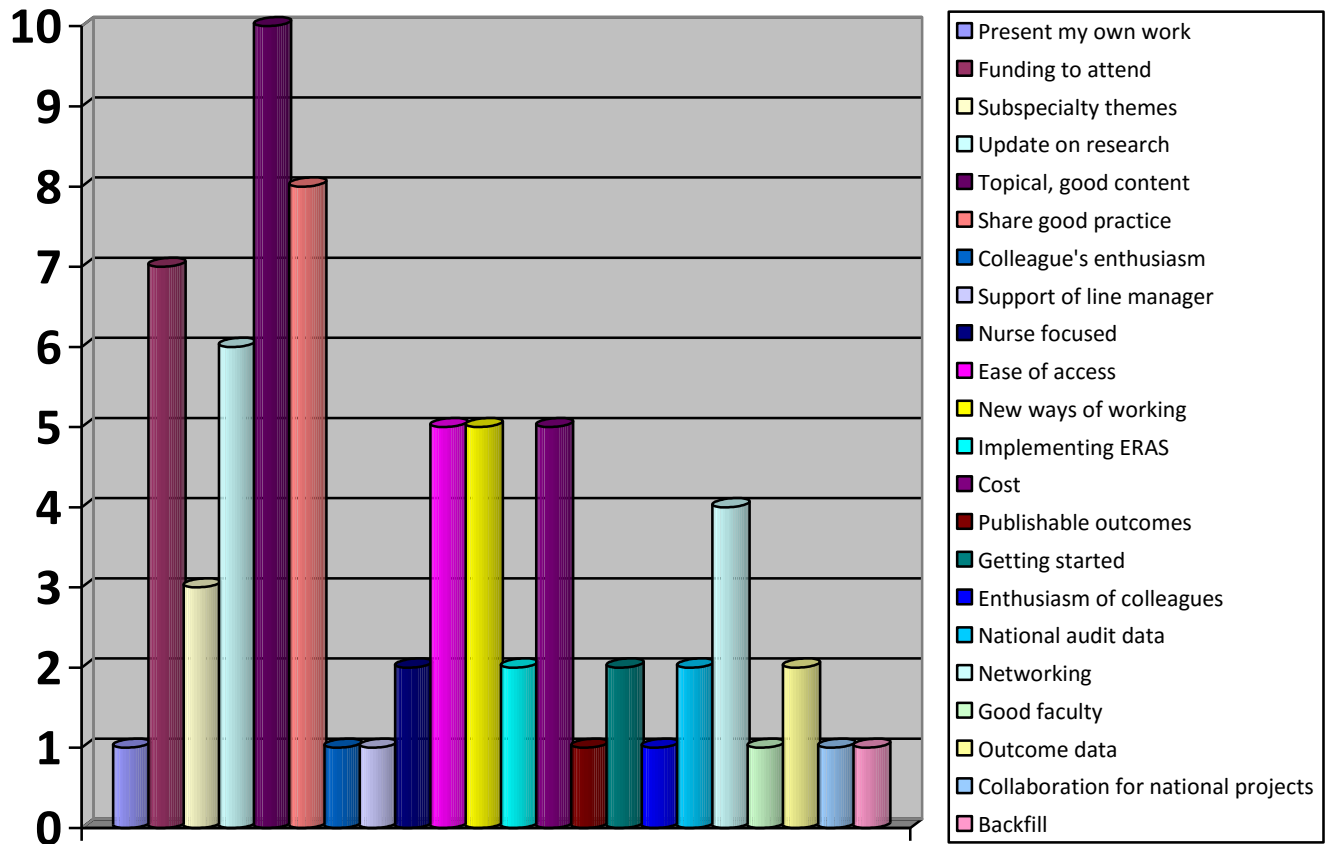


## Have you, or your colleagues, run any events about Enhanced recovery?

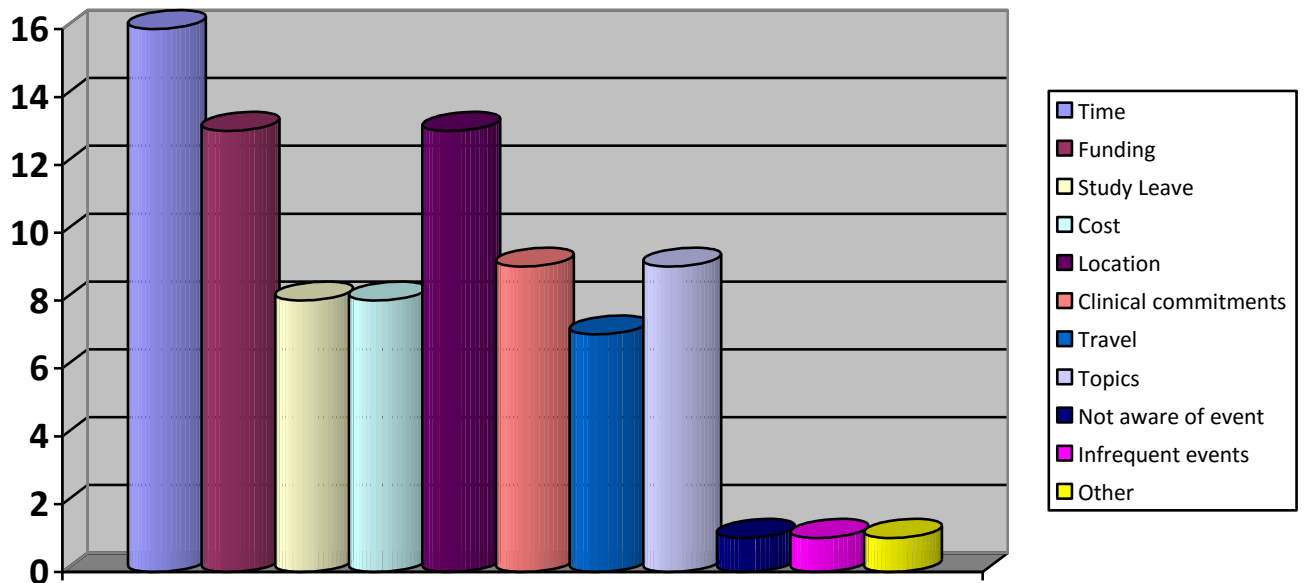
Yes – 29 (mainly local team meetings)

No – 25

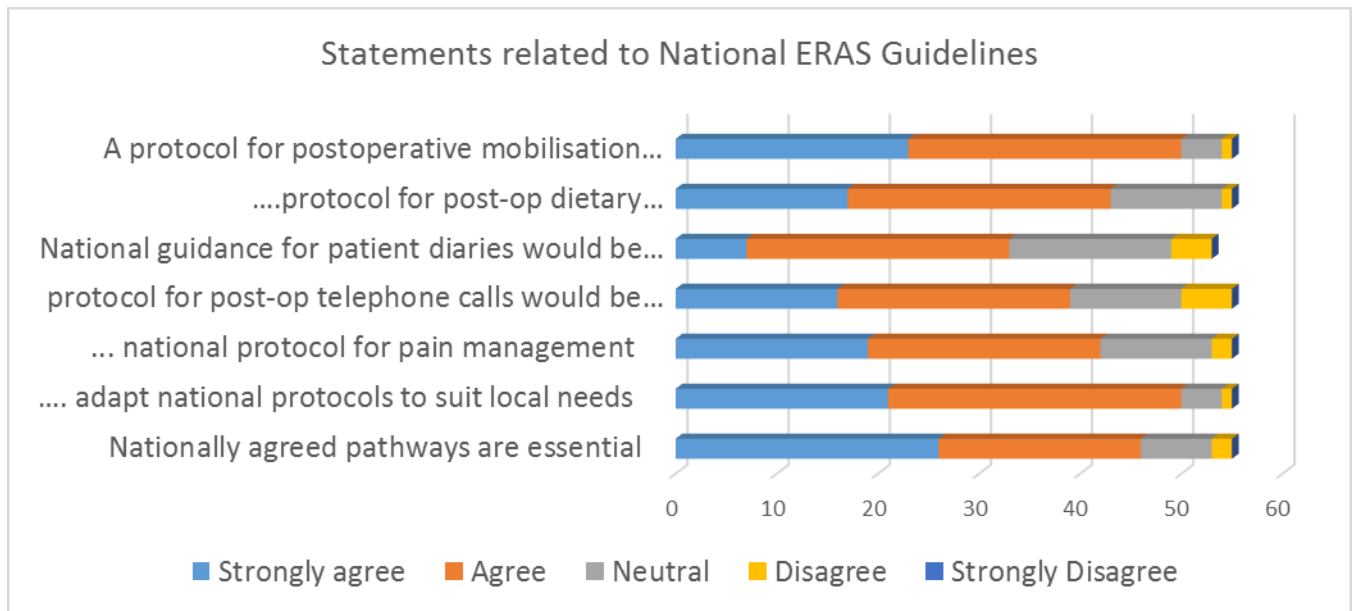
### What would encourage you to attend such events?



### What stops you from attending such events?



**Nationally agreed protocols or pathways can help with audit and standardisation. Such tools can also reduce the workload of creating separate local protocols.**



**Considering your local enhanced recovery systems, please tell us what aspects are working well and what areas are challenging.**

Aspects that are working well....

Pre-operative compliance      MDT collaboration

Pre-op assessment      Post discharge follow-up

Patient education      Patient compliance

Pain management      Early mobilisation

Staff education      Nursing staff compliance

Influence of ERAS nurse      Audit and feedback      Staff enthusiasm

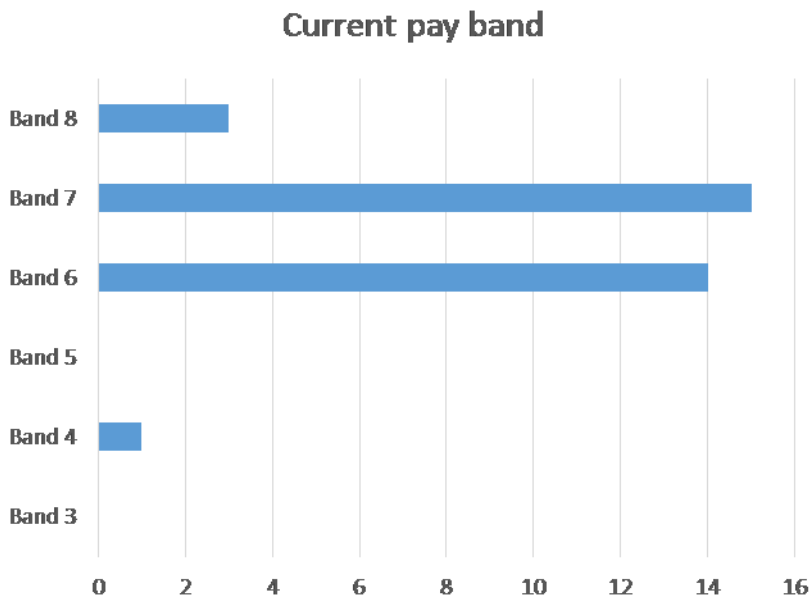
Aspects that are challenging....

Documentation/ Literature  
Spread to other specialties  
Education of trainees  
Attitudes of senior staff  
Delayed discharge  
Bowel prep  
Motivation/ Compliance of Surgeons  
Managing change  
Early mobilisation  
Engagement of whole team  
Weekends  
No funding for dedicated staff

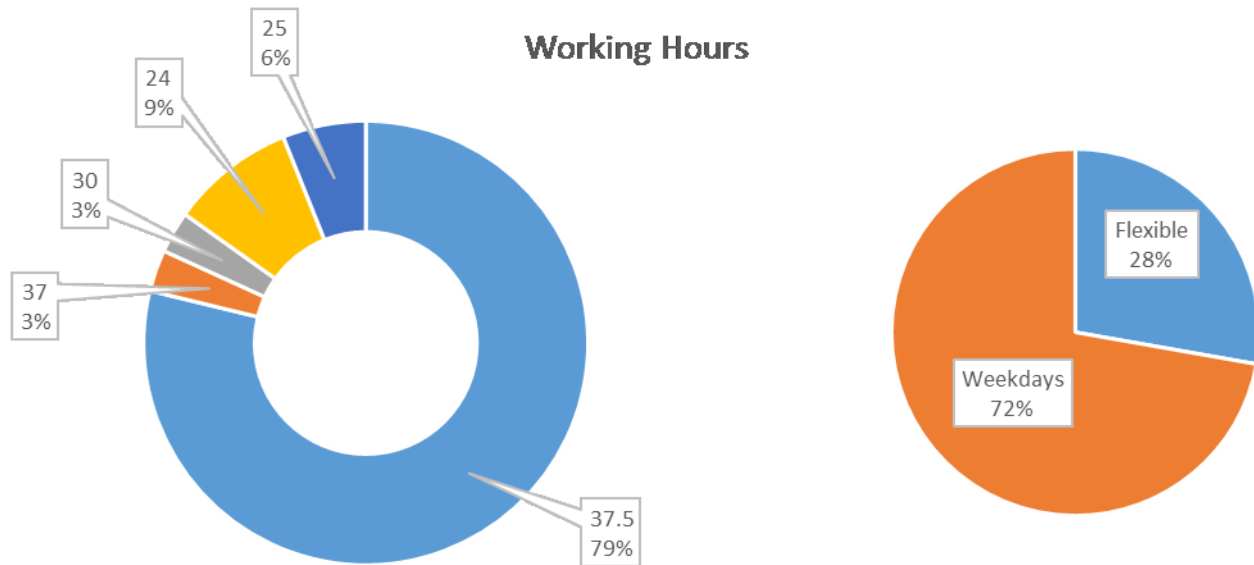
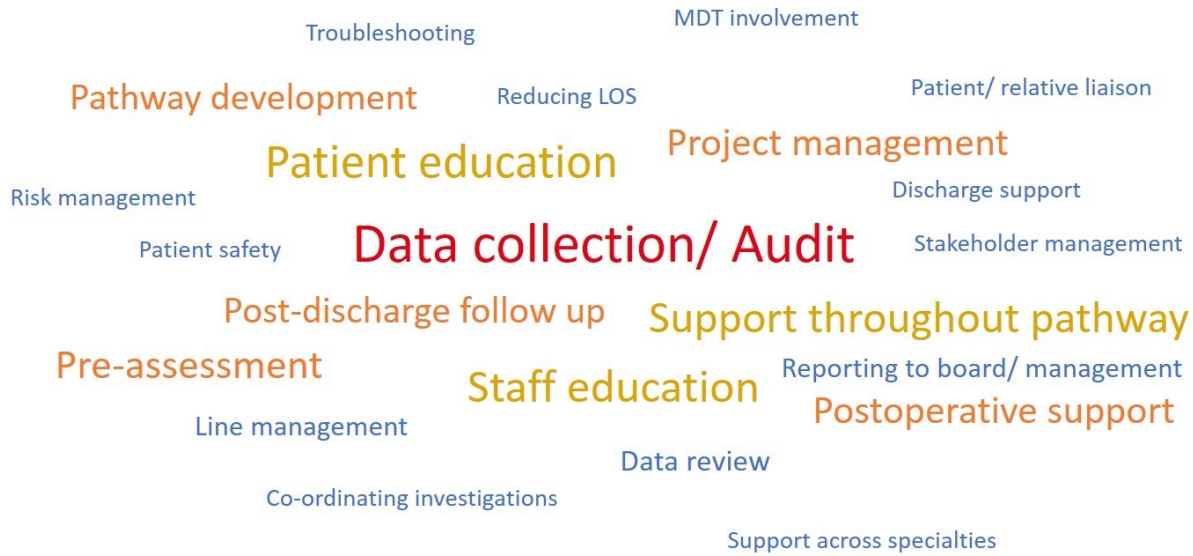
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### ERAS Nurses Survey

33 responses



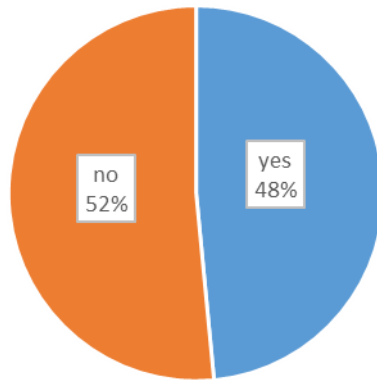
## Main responsibilities



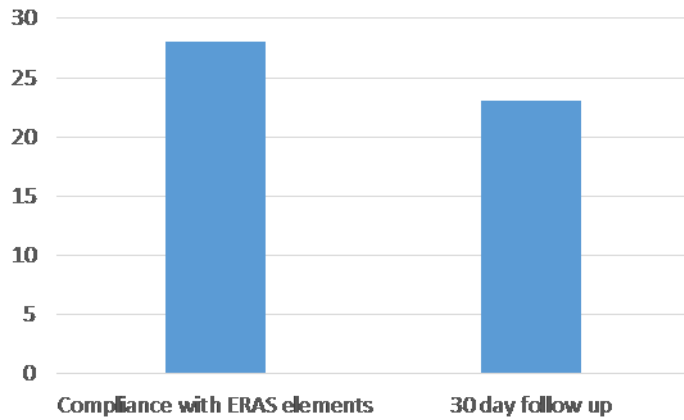
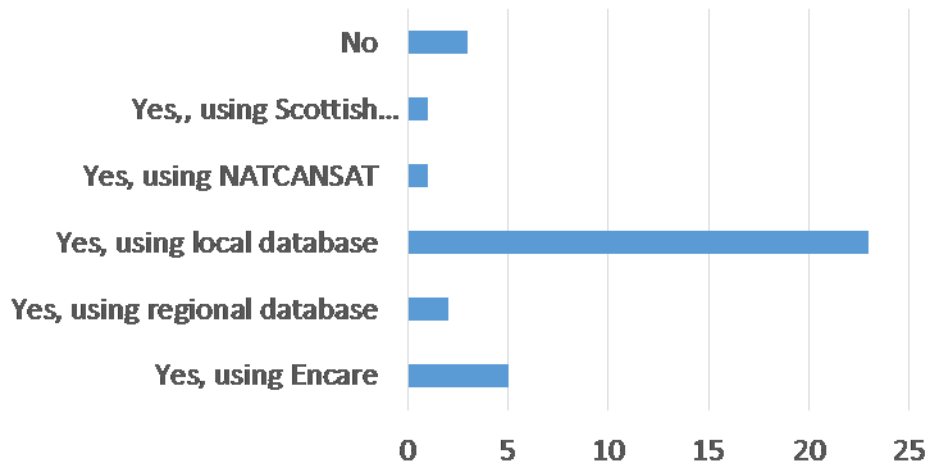
How is your post funded?



### Only ERAS Nurse in Trust?



### Do you collect data?



## How do you make use of data to improve patient care?

